



2011 LEARN-TO-ROW SUMMER CAMP

Held at Roswell River Landing Boathouse
NO EXPERIENCE NECESSARY

Email: LearntoRow@ajracrew.com
Contact: Jean Veeneman @ 404-218-5802
Register ONLINE at www.ajracrew.com

Hosted by Atlanta Junior Rowing Association, we will offer five 2 week camps this summer. During each two week camp, participants will learn the fundamentals of sweep rowing. Each camper will be introduced to the sport and its equipment, begin a basic workout program, understand terminology and safety of moving the boat on and off the water. They will participate in rowing both four and eight man shells on the Chattahoochee River. Ages 12-18, coed. Choose morning or evening session.

Held at Roswell River Landing, Boathouse, 245 Azalea Drive, Roswell 30075.

Session 1

Mon. - Thur.	6/6 - 6/9 & 6/13 - 6/16	8:30 - 11 a.m.
Mon. - Thur.	6/6 - 6/9 & 6/13 - 6/16	6 - 8:30 p.m.

Session 2

Mon. - Thur.	6/20 - 6/23 & 6/27 - 6/30	8:30 - 11 a.m.
Mon. - Thur.	6/20 - 6/23 & 6/27 - 6/30	6 - 8:30 p.m.

Session 3

Tue. - Fri.	7/5 - 7/8	8:30 - 11 a.m.
Mon. - Thur.	7/11 - 7/14	8:30 - 11 a.m.
Tue. - Thur.	7/5 - 7/7	6 - 8:30 p.m.
Mon. - Thur.	7/11 - 7/14	6 - 8:30 p.m.

Session 4

Mon. - Thur.	7/18 - 7/21 & 7/25 - 7/28	8:30 - 11 a.m.
Mon. - Thur.	7/18 - 7/21 & 7/25 - 7/28	6 - 8:30 p.m.

Session 5

Mon. - Thur.	8/1 - 8/4 & 8/8 - 8/11	8:30 - 11 a.m.
Mon. - Thur.	8/1 - 8/4 & 8/8 - 8/11	6 - 8:30 p.m.

One session \$150-Two sessions \$275-Three sessions \$400-Four sessions \$450-ALL \$500